

# Senior Center Lunch Menu Call by 10AM (706) 278-3700

2023

**MARCH**

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| 27   | 28   | 01  | 02  | 03   |
|  |  | San Antonio Beans<br>Seasoned Broccoli<br>Carrot Raisin Salad, Cornbread      | Baked Zita w/ Four Cheeses<br>Garden Salad, Garlic Bread              | Roast Beef<br>Potatoes<br>Carrots, Roll  |
| 06   | 07   | 08  | 09  | 10   |
| Breakfast Casserole,<br>Hashbrowns Sliced Tomatoes<br>Gravy, Biscuits    | Beef Stew<br>Seasoned Cauliflower<br>Cornbread                       | Sauerkraut & Wieners<br>Pinto Beans, Sliced Onions<br>Spiced Beets, Cornbread | Rosemary Pork Loin<br>Ambrosia Salad<br>Broccoli Rice Casserole, Roll | Fish Fry, Baked Potato<br>Slaw, Hushpuppies                                      |
| 13   | 14   | 15  | 16  | 17   |
| Western Sandwich<br>Coleslaw, Potato Wedges                              | Grilled Chicken Breast<br>Italian Pasta Salad<br>Greenbeans, Roll    | Great Northern Beans<br>Fried Potatoes, Mac & Cheese,<br>Cornbread            | Corn Chowder<br>Cucumber Salad<br>Squash Casserole, Roll              | Cornbeef, Cabbage<br>Red Potatoes, Cornbread<br>Happy St. Patrick's Day          |
| 20   | 21   | 22  | 23  | 24   |
| Chicken & Broccoli Rice<br>Casserole, Carrifruit Salad<br>Roll           | Cheese Burger Pie<br>Mashed Potatoes<br>Green Pea Salad              | Crowder Peas, Stir-Fried Cabbage,<br>Okra & Cornbread                         | Salad Trio, Waldorf Salad<br>Crackers                                 | Chicken Parmesan with<br>Marinara Sauce & Linguine<br>Salad Greens, Bread Sticks |
| 27   | 28   | 29  | 30  | 31   |
| Hamburgers with Lettuce<br>Tomato, Onions, Pickles<br>Baked Beans, Chips | Baked Pork Chop<br>Glazed Sweet Potatoes<br>Blackeye Peas, Cornbread | Hoppin John w/ Rice<br>Corn Pudding, Sliced Tomato<br>Cornbead                | Pulled Pork Sandwich<br>Potato Salad, Coleslaw<br>Pickles             | Creole Spaghetti<br>Garden Salad<br>Garlic Bread                                 |
| 03   | 04   | 05  | 06  | 07   |

Dine in Meals \$3, To Go Plates \$5 for people 50+, Guest Under 50 pay \$4

*\*Menu Subject to Change\**