



***Revised March 21, 2013

2013

**Whitfield County Recreation Department
7/8 Softball / 6,7, & 8 Baseball / T-Ball (4,5 & 6)
Rules & Regulations**

I. PURPOSE

The Whitfield County 7-8 Girls, 7-8 Boys and T-Ball Programs are organized to provide a recreational activity for the participants. The program is designed for the following purposes:

1. To aid in the physical development through fun and exercise.
2. To teach the basic fundamental skills of the game of softball.
3. To aid in the social development through good sportsmanship and moral character with adult guidance.
4. To teach good attitudes and discipline to the youth participants.

II. ORGANIZATIONAL STRUCTURE

A. Governing Authority

1. The governing body of this league will be composed of one (1) Community Leader or representative from each Community along with the Whitfield County Parks and Recreation forming a rules making body.
2. The program shall be carried out under the guidance and direction of the Whitfield County Parks and Recreation and the Community Leaders.

B. Governing Rules

The Whitfield County Recreation Department Youth Girls 7/8, Boys Baseball 6,7&8 and T-Ball will be governed by the Local League rules and current Dizzy Dean Softball and Baseball rules.

C. Coaching Requirements

1. A person of high moral character, who is respected in the community.
2. A coach should have a basic knowledge and understanding of the fundamentals of softball.
3. A coach should never incite players or parents by criticizing an official.
4. A coach should never use profanity, use tobacco in any form during any activity With the players and shall not use alcoholic beverages during or before activities with the players.
5. A coach should never be overly concerned with winning but should be more concerned that each child has a fun and learning experience and learns the fundamentals of the sport.
6. A coach is expected to be present at all practice sessions, games and meetings or have an approved assistant present.
7. A coach should try to keep each player actively interested and participating through the season.
8. It is the responsibility of the coach to be knowledgeable of all rules governing the sport that they are coaching.
9. A coach is responsible for having a scorekeeper available for each game.
10. **All coaches must have a Back Ground check on file** with the Whitfield County Recreation Department.
11. A coach should be certified by the National Youth Sports Coaches Association (NYSCA) for certification go to www.nays.org/nyscaonlineclinic.
12. A coach will now be responsible to report suspected child abuse to their local authority. This is a state law HB1176.

III. PLAYER ELIGIBILITY

- A. **Age control date for girls is prior to January 1st of the current year, age control date for boys is May 1st of the current year. A legal aged player participating in the W.C.R.D. Baseball/Softball program may “Play Up” one (1) year beyond their age and must be approved by the W.C.R.D.**

- B. A completed Whitfield County Recreation Department Roster accompanied by birth certificate and registration form (Green Card) must be on file before any team is eligible to compete in regular season games.
- C. Each participant must have insurance, whether private or through the Recreation Department.
- D. Playing ineligible players shall result in the forfeiture of all games in which illegal players participated. Any coach that allows an illegal player to participate will be suspended from coaching for the remainder of the season and for a one year time period.
- E. Any player suspended or absent from school should not be allowed to participate in a Whitfield County Parks & Recreation activity during the period of suspension or absenteeism.**

IV. GENERAL RULES

- A. Team rosters shall consist of no more than 12 players. Community leaders should encourage fewer players per team to speed up the game and give each child more one on one coaching. Players will not be added to a roster unless a team drops below the recommended number of twelve (12) players and permission from Whitfield County Parks & Rec. must be obtained.
- B. Each team will be allowed four adults in the dug-out, one manager and three coaches. Two adults may coach the bases at the 1st and 3rd base coach's boxes, a pitching coach and dug out coach. **T-Ball: A coach may assist the batter and remove the bat from the hitting area. An offensive coach may be placed around the 2nd base area but must not interfere with any action of the defensive team. A defensive coach may be placed in the outfield area to help instruct the fielders.**
- C. The recommended uniform shall include, jersey numbered on back, and rubber spiked shoes.
- D. A team failing to field at least eight players within fifteen minutes after scheduled game time shall not be an official game. A team may play with less than 8 players in the regular season. No outs will be recorded when playing short handed.
- E. If a player is injured by being hit with a batted ball in the face, throat or head, time will called immediately and all players will be awarded:
 - a) One (1) base if injured player was an infielder.
 - b) Two (2) bases if injured player was an outfielder.
 - The awards are from the time of the pitch.
 - Any other injury deemed serious enough in judgment of the umpire will be handled in the same manner.
 - **NOTE: THIS IS A JUDGMENT CALL AND CANNOT BE APPEALED OR PROTESTED.**
- F. Bunting is not allowed.

- G. No stealing. No walks.
- H. If a manager has used all of his eligible players and a player is injured, or becomes too sick to continue and he/she has uses all their players the opposing team manager must select as a replacement one of the players on the bench who has already been in the game.
- I. If any spectator, player, manager or coach conducts themselves in an unsportsmanlike manner they will be removed from the game area. If an argument persists it is recommended that, for the purpose of not exposing the participants to unsportsmanlike activity, the game be stopped and everyone involved (parents and participants) vacate the premises. If a team has to vacate a facility as per this rule, more than once in a season, the coach must be replaced.
- J. **CONDUCT:** If a player or coach is ejected from a game, the coach must leave the bench area, the coach or the player will sit out the remainder of that game and must sit out the next game their team plays. **If a coach, player or spectator is ejected two (2) times during the course of a season they shall be suspended for the remainder of that season.**

V. THE PLAYING FIELD

- A. The batter's box shall be drawn 3 ft. wide and 6 ft. long and positioned 4 inches from the center of the plate. There should be 3 ft. in front and 3 ft. in back of the middle of home plate.
- B. The distance from the point of home plate to second base and from first to third base shall be eighty-four (84) feet ten (10) inches.
- C. The pitching circle will be ten (10) feet in diameter and the center will be forty-six (46) feet from the back of home plate.
- D. The base paths shall be sixty (60) feet.
- E. Halfway/safety lines thirty (30) feet will be drawn in the base line from home to first and home to third base. Defensive players (Except the player pitcher in the circle) must stay behind this line until ball is hit. **PENALTY:** Offensive manager gets choice of result of the play or a re-pitch. **T-Ball:** Thirty (30) foot lines will also be drawn between 1st base and 2nd base and 2nd and 3rd base. These lines are for the purpose of determining the position of the runner at the moment a defensive player has control of the ball inside the infield perimeter and calls time-out. The umpire will make the determination if the base runners can advance to the next base or return to previous base.
- F. There will be a twenty (20) foot chalked arc from the first (1st) base line to the third (3rd) base line in front of home plate. The ball must be on or past this line to be fair; if not, it is a foul ball.

VI. EQUIPMENT

- A. Tennis shoes or baseball shoes with **RUBBERIZED** cleats may be worn. **NO METAL OR PLASTIC CLEATS.**

- B. All batters and runners must wear **NOSCAE** approved batting helmets. **Face mask are recommended but are not required for girls***. Base runners that are wearing the face mask will be called out if they slide head first. **A dive back is not a slide**. A batter who steps into the batter's box without their headgear is awarded a strike. A player running the bases who deliberately removes their headgear umpire's decision, is out. **EXCEPTION: Home run over the fence or time out.**
- C. Catchers must wear a protective helmet with full earflaps, throat protector and mask **NOCSAE** approved, shin guards and chest protector. Protective cup for **male catchers only**. **A built in throat protector on the mask is all that is needed.**
- D. **The player pitcher in Baseball must wear a facemask. It is not required but highly recommended for Softball also.**
- E. Any unaltered Official Softball bat, wood or aluminum bat may be used in girls' softball. For baseball the bat shall be an unaltered baseball (**not softball**) with the following requirements: All non-wood bats "MUST" meet 1.15 BPF (Bat Performance Factor) for the life of the bat and "MUST" possess a "clearly identifiable" manufacture's certification stamp. This will include 2 ¼, 2 5/8, and 2 3/4/ barrel bats. BBCOR bats are legal for use in ages 5 – 12.
- F. The official softball shall be an optic eleven (11) inch maximum core MSP47 ball. The official baseball will be used in the 6,7& 8 Coach Pitch and T-Ball is a level 5.
- G. All equipment must be kept in the dugout when not in use.

VII. REGULATION GAME

- A. A game will be five (5) innings, (1) hour and ten (10) minutes, or when a team is mathematically eliminated due to the run per inning rule (Tournament only). **T-Ball: A game will be 2 innings or one (1) hr. & twenty (20) minutes.**
- B. All substitutions should be reported to the opposing scorekeeper.
- C. Any appeal must be made by the manager before the next pitch is thrown to the batter.
- D. Any player (starter or substitute) may re-enter the game once. Provided they return to the same position in the batting order.
- E. A team may have one (1) offensive and one (1) defensive time out per inning. If more than one (1) when a team is on defense, the pitcher must be removed from the pitching position. If more than one (1) on offense, the batter must be removed.

VIII. PITCHING RULES

- A. An offensive coach (pitching coach) will pitch to their on batters. The coach (pitching coach) may only coach the batter until the batter reaches first (1st) base or after the runner leaves third (3rd) base. **A coach will be replaced after one warning of the violation and be replaced as pitching coach.**
- B. The pitching coach may pitch anywhere from in front of the 20 foot foul arc to the pitching

circle. They must stay in line with the 2nd base and home plate.

- C. Any batted ball that hits the pitching coach will be a dead ball and no pitch. If the pitching coach intentionally (in the umpire's judgment) allows the ball to hit him, the batter will be out and a dead ball called. No runner may advance.
- D. When the ball is hit the pitching coach must attempt to leave the field and try to pick up the batter's bat.
- E. The pitching coach that does not attempt to get off the field and interferes with the defensive player to keep them from making a play will cause the batter to be called out. No runners may advance.

IX. OFFENSE

- A. **All players that are present must bat one (1) time and play three (3) outs on defense.**
- B. In 6,7&8 Baseball and 7/8 Softball a team's batting line up may consist of (1) all players present, (2) eleven (11) using an EH or the (3) legal number of players to start a game. Choice will be determined before start of game and continue throughout the game except for injury or sickness **T-Ball:** Every player present must bat every inning, in order as listed on the line-up card. No runs are to be counted after three (3) outs are recorded or five (5) runs have been scored.
- C. 6,7&8 Coach pitch (**SOFTBALL & BASEBALL**) An offensive batter will receive five (5) pitches before being declared out. The batter may be called out on three (3) swinging strikes(Five swings for 6 league). If a fifth pitch is fouled and caught it is an out. There are no limits on fouls.
T-BALL: The batter will receive three (3) pitches and if the ball is not hit it will be placed on a Tee for two (2) swings. If the ball is has still not been hit the batter will be called out.
There will be no practice swings.
- D. If a base runner leaves a base before the pitched ball reaches home plate, the base umpire shall give the signal to indicate the violation at the time it occurs. The defensive team shall have the privilege of having nullified any portion of the play that occurred on the violation.
- E. A team may only score five (5) runs per inning on offense.

X. DEFENSE

- A. The infield fly rule will not be in effect.
- B. Only ten (10) players on the field (four (4) outfielders)
- C. The defensive player listed as the pitcher will stay in the ten (10) foot circle until the ball is hit.

*The player may have one (1) foot outside the circle.
PENALTY: Offense gets choice of the play or retry.
- D. Play shall not be stopped by the defensive team heading off or stopping the front –runner.

*Any other runner may continue at his own risk.

*Any play made on a runner other than the front-runner will release the front-runner. Other

runners may continue.

- E. If a team has less than ten (10) players, the manager may decide which position(s) to leave vacant on defense. EXCEPTION: Pitcher and catcher.
- F. The defensive catcher must be in direct line no more than ten (10) feet behind home plate to make a play on a batted ball. PENALTY: Offensive team gets a choice of the play or re-bat.

XI. MISCELLANEOUS

- A. An extra player (EP) is optional, but if one is used, it must be known prior to the start of the game and be listed on the score book in the regular batting order. If the EP is used, the EP must be used the entire game.
- B. If an EP is used, all eleven (11) must bat and any ten (10) of those (11) may play defense.
 - * Defensive positions may be changed, but the batting order must remain the same.
- C. PROTEST: The only protest acceptable will be concerning player participation or rules misinterpretation. A protest for rules misinterpretation must be announced and noted in both scorebooks before the next pitch. All protest must be submitted by the team manager to the Recreation Department in writing before 5: p.m. the next day.
- D. Awards : End of Season Tournaments: 1st and 2nd Place Ind. Medallions.
- E. Ties for standings of first or second place in league play will be broken as follows:
 - 1. Head to head regular season competition.

XIII. END OF SEASON TOURNAMENT

All teams will be eligible to participate in the end of season tournament.

XIII. RAIN OUTS

- A. Games that are rained out will be rescheduled by W.C.R.D. If there is a question of a game being played because of inclement weather the recreation department will make the decision of playing or not.
- A. If the Recreation Department cancels games because of inclement weather it will be announced on the rain out Hot Line # 706-876-2570 and WYYU 104.5 FM.
TEXT ALERT # 7/8 Softball "WCRDsoftball" to the phone # 91011
6,7&8 Baseball "WCRDbaseball" to the phone # 91011
T-Ball "WCRDtball" to the phone # 91011

XI. ACTIVITIES

- A. There will be three activities allowed per week, including games and practices, plus one activity on the weekend. Practice sessions should be limited to ninety minutes and finished by 9:00 p.m.
- B. There will be no practice on Wednesdays after 5:00 p.m. and no games will be scheduled on Wednesdays except during post season tournaments.

